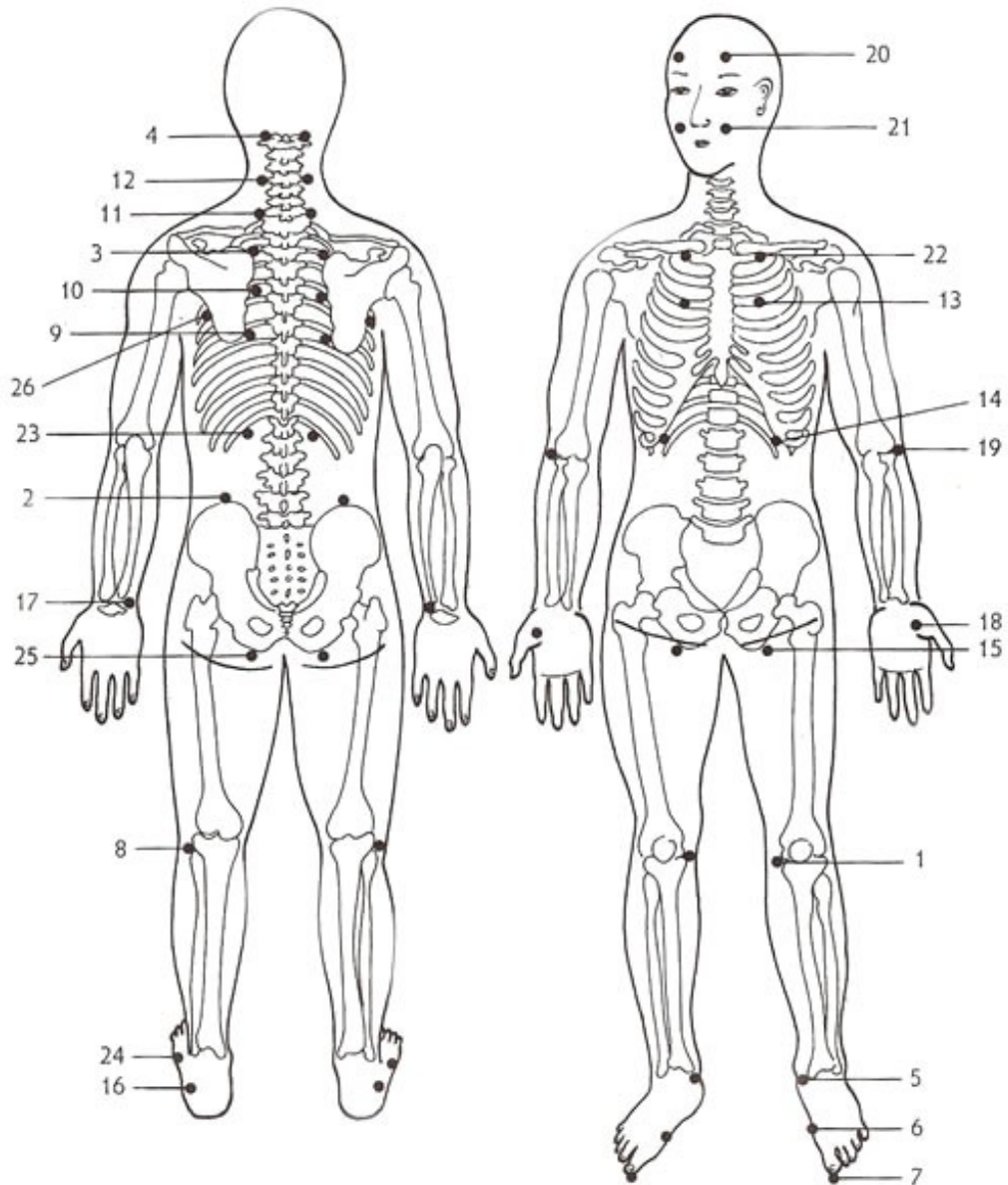


Jin shin jyutsu

26 safety energy locks



Asending

Går opp

Innpust

desending

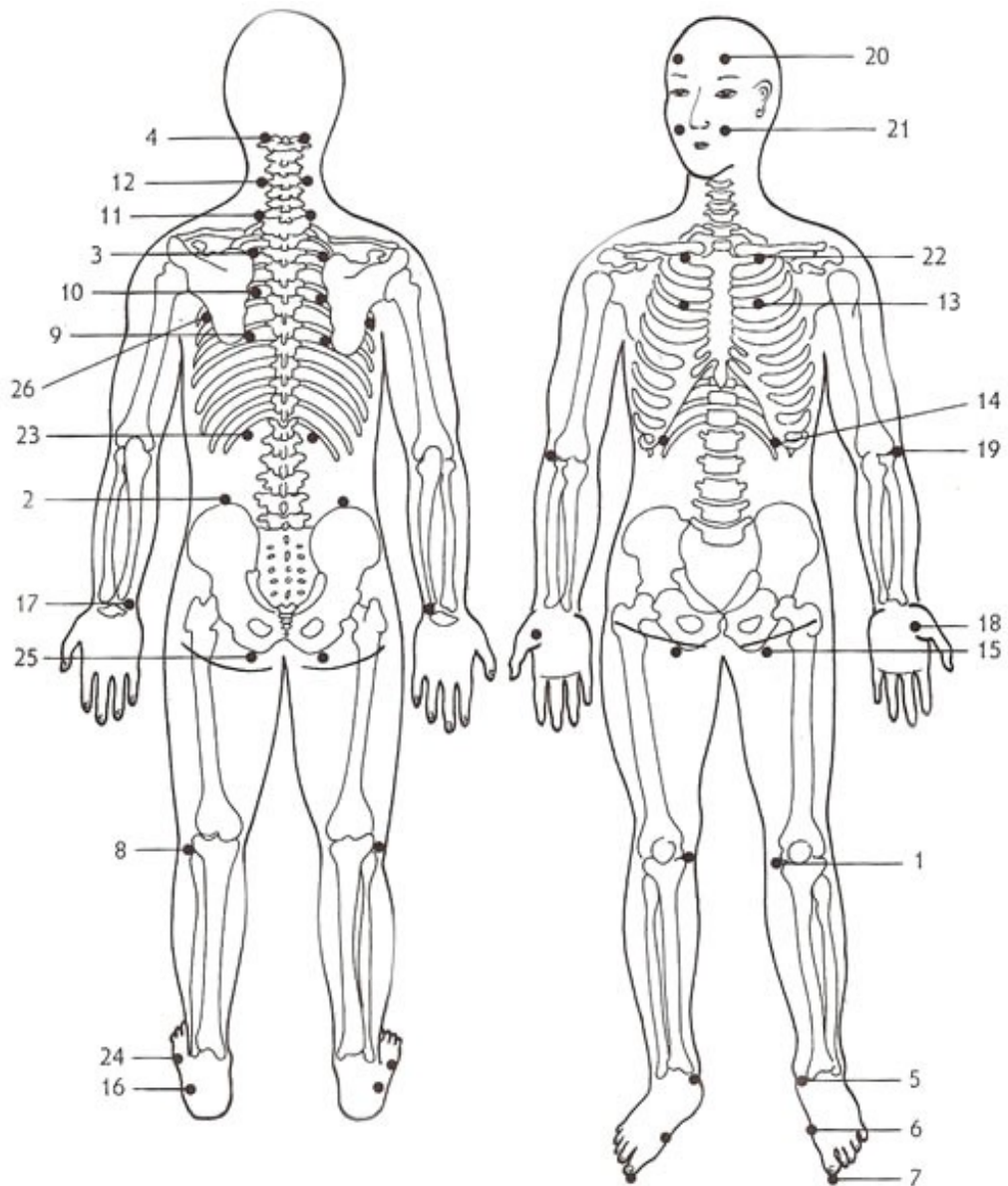
går ned

utpust

1. dybde	2. dybde	3.dybde	4.dybde	5. dybde	6. dybde

Jin shin jyutsu

26 safety energy locks



Asending

går opp

Innpust

desending

går ned

utpust